

Coral Bell Kindergarten
2011 – 2012

Weekly Rhythm

Day	Snack	Activity
Monday	Rice and Carrots	Beeswax
Tuesday	Bread	Baking
Wednesday	Millet Porridge and Apples	Crayoning
Thursday	Stone Soup	Painting
Friday	Oatmeal Raisin Cookies and Bananas	Walk

Daily Rhythm

8:00 – 8:30 Arrival/Outside
8:30-9:00 Transition to Inside/Circle
9:00 – 9:45 Snack Prep/Free Play/Handwork
9:45 – 10:15 Clean Up/Bathroom/Story
10:15 – 10:45 Snack/Chores
10:45 – 11:15 Rest/Activity
11:15 – 12:00 Transition to Outside/Outdoor Play

This rhythm can fluctuate a bit as we transition to different times of the year. On Fridays it will also vary because we will go for a walk beginning at 11:00.